

Recipe for Mrs. Witham as a learner

Ingredients

- Clear workspace
- Calm and happy mind
- Table and comfortable chair
- Pastel coloured stationary
- Cup of tea
- Biscuits
- Quiet

Method

1. First ensure the space is tidy and there is enough room on the desk for all the essentials.
2. Then mix in the laptop, pen and paper so they are all in easy reach.
3. After that pour in a favourite pen, highlighter and post it notes on top of the paper – ready to use.
4. Then add a sprinkle of tea and biscuits and a dollop of calm and serenity.
5. Finally ensure that the learner is happy and try not to interrupt her!