

PSHE Overview – Whole School

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Feelings, Likes & Dislikes	Relationships	Physical Health	First Aid	Money	Respect Healthiest Me
Year 2	Friendship	Looking after your own wellbeing	Physical Health	Online Safety	Community	Belonging, Feelings and Respect
Year 3	Friendships and Online	Mental Health	Physical Health	First Aid	Community	Families and Relationships
Year 4	Family and Friends	Feelings	Money	Internet Safety	British Values	Puberty, Health and Hygiene
Year 5	Peer Influence	Community	Mental Health	Internet Safety	Drugs	About Bodies
Year 6	Careers and Futures	Online and Money	Healthy Lifestyle	Online	Moving on Up (Transition)	Reproduction