

PE subject overview – 2024/25



Lesson 1	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Gross Motor Skill		Swimming				
Autumn 2	Real Gym (Social Cog)			Real PE			
Spring 1	Real Dance (Cognitive Cog)			Real Gym			
Spring 2	Real Gym (Creative)			Real Dance			
Summer 1 & 2	Real Gym	Swimming					

Lesson 2	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Real PE – Unit 1 Personal			Indoor Athletics (Personal Best)			
Autumn 2 (Invasion)	Real PE – Unit 2 Social			Netball	Basketball	Touch Rugby	Touch Rugby
Spring 1 (Invasion)	Real PE – Unit 3 Cognitive			Football	Hockey	Football	Hockey
Spring 2 (Net)	Real PE – Unit 4 Creative			(Hand) Tennis	Tennis	Volleyball	Volleyball
Summer 1	Real PE – Unit 5 Applying Physical			Outdoor Athletics (Personal Best)			
Summer 2 Fielding/Striking	Real PE – Unit 6 Health & Fitness			Rounders	Rounders	Cricket	Cricket

**A year group's Outdoor Adventure element of the curriculum takes places during their Forest School Sessions