



Name: Cadet _____

Age: _____

	Astronaut points 1-5 stars	Training commander's note
Create your own fitness circuit		
Understand the exercises astronauts take part in		
Understand the timeline of events in space exploration		
Recall facts about planets within our Solar System		
Describe key events of the 'Space Race'		
First person to walk on the moon		
Research the curiosity rover		
Create your own space rockets out of paper or card.		
Design your own astronaut outfit		
Research what the ESA or NASA are currently doing.		
Timeline of space history		