

Chasing Shadows

For this game, assume your spirit is contained in your shadow.

Stand in a bright and sunny area.

Protect your shadows from others as you bend down to grab the shadow of those around you.

How many spirits can you touch with your foot?

Make your shadow as small as possible.


Make your shadow big and scary like a Bunyip.





Keep It Up

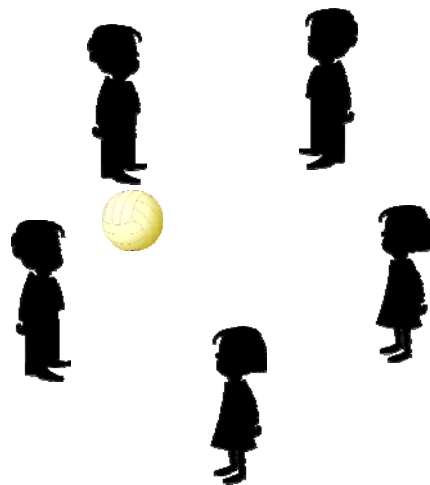
Use the palms of your hands
to hit the ball.



Each group of 5 students stands in
a circle.

A netball or volleyball is tossed in
the air.

Keep the ball in the
air by batting it with
the palms of your
hands.



Protect the Baby

Use the palms of your hands to hit the ball.

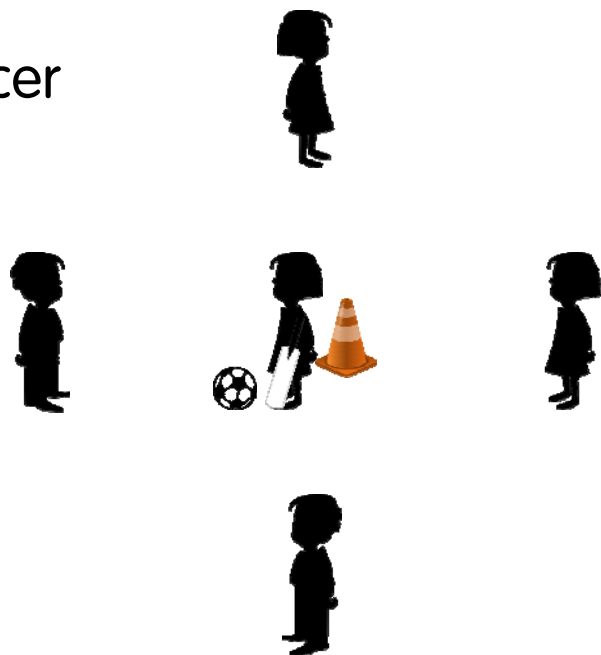
Batter stands in front of a witches hat.

Fielders stand around the witches hat.

The batter tries to stop the ball from hitting the witches hat.

Fielders throw soccer balls underarm to knock the witches hat down.

The bat is then handed to the next player.

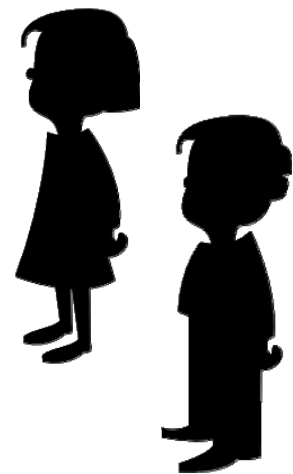
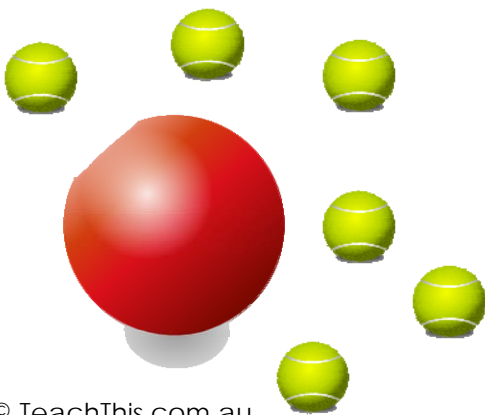


Animal Hunting

Can you hunt your evening meal? Which pair can throw closest to the target?

A large gym ball is thrown across a court space.

Students work in pairs aiming to hit the ball with 15 smaller balls representing hunting for the evening meal.



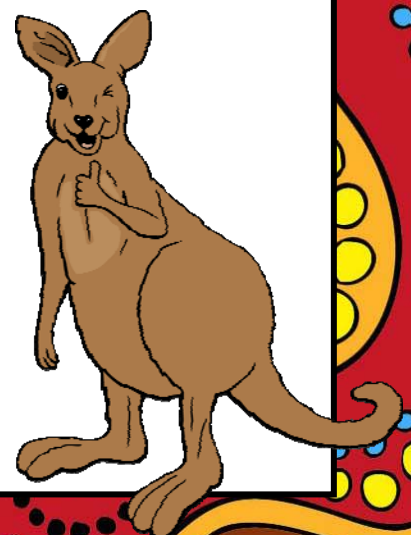
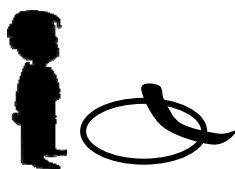
Kangaroo Tail

Throw the kangaroo tail into the hoop. How fast can your team complete the challenge?

Working in groups, the first player throws the kangaroo tail aiming to land it in the hoop.

They will then run behind the hoop.

The kangaroo tail is returned to the next person in the queue and the game continues.



Hint: Fill a stocking with newspaper to create the kangaroo tail.