



Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Settling into school Knowing about myself My family and friends 'Treasure Boxes'	Making relationships Being a good friend 'Elf on the shelf'	Understanding feelings and emotions Understanding choices and consequences Self-regulation 'Goldilocks'	Sharing with friends Looking after ourselves Effects of exercise 'The Princess and the Wizard'	Looking ahead to the future Reflection on the year How to care for others (including animals) 'Celebration Assembly'	Relationships Transition Summer safety How to care for others (inc animals)
Year 1	Relationships Family and People who Care	Relationships Being Safe	Health education Mental well-being	Relationships Respectful Relationships	Health education Health and Prevention	Relationships Transition
Year 2	Relationships Family and People who Care	Relationships Being Safe	Health education Mental well-being	Relationships Respectful Relationships	Health education Health and Prevention	Relationships Transition
Year 3	Relationships Family and People who Care	Relationships Being Safe	Health education Mental well-being	Relationships Respectful Relationships	Health education Health and Prevention	Health education Changing adolescent bodies
Year 4	Relationships Family and People who Care	Relationships Being Safe	Health education Mental well-being	Relationships Respectful Relationships	Health education Health and Prevention	Health education Changing adolescent bodies
Year 5	Relationships Family and People who Care	Relationships Being Safe	Health education Mental well-being	Relationships Respectful Relationships	Health education Health and Prevention	Health education Changing adolescent bodies
Year 6	Relationships Family and People who Care	Relationships Being Safe	Health education Mental well-being	Relationships Respectful Relationships	Health education Health and Prevention	Health education Changing adolescent bodies