

Why not try some of these activities during your February Half Term. How many can you complete?

Mardi Gras (Pancake day)

This celebration is taking place on Tuesday 16th February. In the UK, we usually just make pancakes but in many parts of the world, this is a call for a big celebration. Mardi Gras means 'Fat Tuesday' in French. In many countries, people celebrate Mardi Gras with parades, dancing and music. This is called the carnival.

- Find out how Mardi Gras is celebrated in New Orleans on <u>Mardi Gras: Decorations on display in the run up to festival CBBC Newsround</u>
- Make a mask to wear on Mardi Gras using a template <u>Free Mardi Gras Mask Templates</u> for Kids and Adults (thesprucecrafts.com)
- Why not try making some pancakes and decorate them with delicious things <u>Pancakes</u>
 <u>Buddy Oliver</u> | <u>#CookingBuddies</u> <u>Bing video</u>







Nature Walk

Why not walk to the beach, park, nearest woodland or play in your garden? Spend time looking at the environment. Can you spot local wildlife? Why not create a sculpture using the materials you have found?

Shortbread Biscuits

150g plain flour, plus extra for dusting 100g butter, chilled and cubed 50g caster sugar, plus 1 tbsp for sprinkling

Heat the oven 170C/150C fan/gas 3. Put the flour, butter and sugar into a mixing bowl. Use your hands to combine the ingredients until the mixture looks like breadcrumbs, then squeeze until it comes together as a dough.

On a lightly floured surface, roll out the dough to ½ cm thick. Cut the dough into fingers and place on a lined baking tray. Use a fork to create imprints, then sprinkle with the remaining caster sugar.

Chill the dough in the fridge for 20 mins, then bake for 15-20 mins until golden brown. Remove the shortbread fingers from the oven and leave to cool on the tray for 10 mins.

Mindfulness 5-4-3-2-1 5 things you can see 4 things you can touch 3 things you can hear 2 things you can smell I thing you can taste

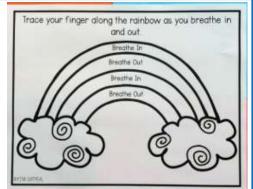
Mindfulness Activities



Try Cosmic Yoga



Use your finger to find the centre



***** **Scavenger Hunt** Science Experiments – Snow Fluff A scavenger hunt is a game in which someone prepares a list with specific Materials: items for the other person to find. This scavenger hunt could be completed 1 cup cornflour either inside or outside. Good luck hunting! 1 cup shaving cream **Food Colouring** Some items you could try and find at home... Instructions: Pour the cup of cornflour into a large bowl. Bonus Hunting! Use a spoon to scoop the shaving cream on top of it. Put 5-10 drops of food

colouring on top. Stir to mix.

When the mixture looks like grated cheese, use your hands to squish the mixture

even more. Pretty soon the shaving cream and cornflour will form a ball, about the same texture as dough.

If your mixture is really wet and sticky after mixing, it needs a little more cornflour.

If it won't stick together and falls into pieces, add a little more shaving cream. That's it!

Try sculpting snow angels, snowmen...the list is endless!

Why not try some other fun science experiments? https://www.sciencefun.org/kidszone/experiments/

Exercise!

Find something:

- Round
- Smelly
- Soft
- Shiny
- Hard

Game Fun!

Card games – Snap, Go fish, Uno Play a boardgame – Cluedo, Monopoly, Operation, Guess Who, Pie Face, HeadBanz, Connect 4, Chess/Draughts, Snakes and Ladders Create your own board game

Get Creative!

Why not spend some time drawing, painting, sculpting (using junk modelling) or building!











































