

# Half Term Holiday Fun!

Why not try some of these activities during your February Half Term. How many can you complete?

## Chinese New Year

This celebration will be taking place (12<sup>th</sup> February – 17<sup>th</sup> February).

- Learn about Chinese New Year - <https://www.bbc.co.uk/newsround/38668427>
- Try some craft-based activities such as making lanterns, dancing dragons or a picture of the Ox (year of the Ox)
- Why not try dragon dancing? <https://www.bbc.co.uk/cbeebies/watch/lets-go-club-chinese-lion-dance>



## Nature Walk

Why not walk to the beach, park, nearest woodland or play in your garden? Spend time looking at the environment. Can you spot local wildlife? Why not create a sculpture using the materials you have found?

## Shortbread Biscuits

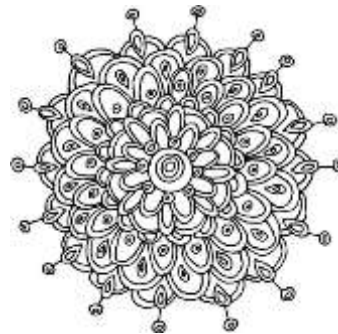
150g plain flour, plus extra for dusting  
100g butter, chilled and cubed  
50g caster sugar, plus 1 tsp for sprinkling

Heat the oven 170C/150C fan/gas 3. Put the flour, butter and sugar into a mixing bowl. Use your hands to combine the ingredients until the mixture looks like breadcrumbs, then squeeze until it comes together as a dough.

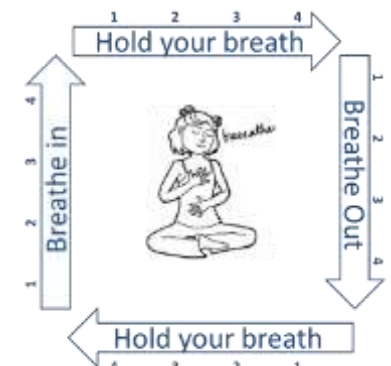
On a lightly floured surface, roll out the dough to ½ cm thick. Cut the dough into fingers and place on a lined baking tray. Use a fork to create imprints, then sprinkle with the remaining caster sugar.

Chill the dough in the fridge for 20 mins, then bake for 15-20 mins until golden brown. Remove the shortbread fingers from the oven and leave to cool on the tray for 10 mins.

## Mindfulness Activities



Use your finger to find the centre



### Science Experiments – Water Fireworks

#### **Materials:**

Water  
Oil  
Food Colouring (Any colour of your choosing)  
16 oz clear glass  
Another 16 oz clear glass  
A Fork

#### **Instructions:**

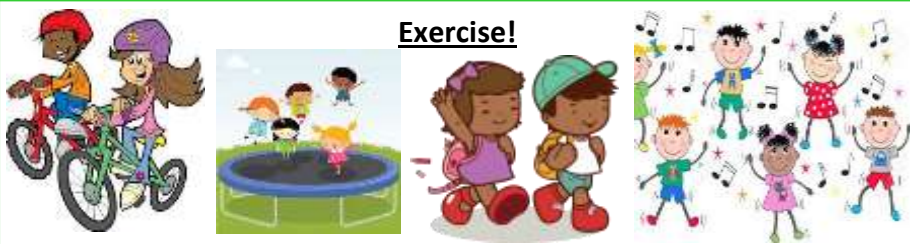
Fill the tall glass almost to the top with room-temperature water.  
Pour 2 tablespoons of oil into the other glass.  
Add 2 drops of food colouring to the glass with the oil.  
Stir the oil into the food colouring using a fork. Stop once you break the food colouring into smaller drops.  
Pour the oil and colouring mixture into the tall glass.  
Now watch! The food colouring will slowly sink in the glass, with each droplet expanding outwards as it falls. Looks like fireworks!

#### **How it Works:**

Food colouring dissolves in water, but not in oil. So when you pour in your food colouring/oil mixture the oil will float at the top of the water because it is less dense, and the food colouring will begin to dissolve once they sink through the oil and into the water.

Why not try some other fun science experiments?  
<https://www.sciencefun.org/kidszone/experiments/>

### Exercise!



### Scavenger Hunt

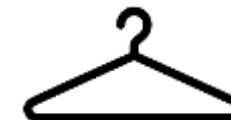
A scavenger hunt is a game in which someone prepares a list with specific items for the other person to find. This scavenger hunt could be completed either inside or outside. Good luck hunting!

Some items you could try and find at home...

#### **Bonus Hunting!**

Find something:

- Round
- Smelly
- Magnetic
- Transparent (see through)
- Flexible (bendy)
- In the shape of a cube or sphere



### Game Fun!

Card games – Snap, Go fish, Solitaire, Uno  
Play a boardgame – Cluedo, Monopoly, Operation, Guess Who, Pie Face, HeadBanz, Connect 4, Chess/Draughts, Snakes and Ladders  
Create your own board game

### Get Creative!

Why not spend some time drawing, painting, sculpting (using junk modelling) or building!

