

Autumn / Winter Menu 2021 / 2022

 Vegan
 Wholemeal

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One 6.9 27.9 18.10 15.11 6.12 10.1 31.1 28.2 21.3	Option 1	Macaroni Cheese	Beef Burger In Bun with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Minced Beef Pie with Gravy & Crushed Potatoes	MSC Fishfingers or MSC Salmon Fish Fingers with Chips and Tomato Sauce
	Option 2	Vegetable and Bean Fajitas with 50/50 Rice  	Quorn Burger In Bun with Potato Wedges	Homity Pie with Roast Potatoes and Gravy	Tomato Pasta with Garlic Bread 	Cumberland Quorn Sausage with Chips 
	Vegetables	Green Beans Carrots	Coleslaw Sweetcorn	Mixed Vegetable Medley	Broccoli Sweetcorn	Baked Beans Garden Peas
	Dessert	Sticky Toffee Apple Crumble with Custard 	Jelly 	Apple, Cheese and Biscuits	Eves Pudding and Custard	Fresh Fruit or Yoghurt
Week Two 13.9 4.10 1.11 22.11 13.12 17.1 7.2 7.3 28.3	Option 1	Beef Meatballs in a Tomato Sauce with Pasta	Mediterranean Chicken (chicken In Tomato Sauce) with Rice 	Roast Turkey with Roast Potatoes and Gravy	Macaroni Beef Pasta Bake	MSC Fish In Batter with Chips and Tomato Sauce
	Option 2	Vegan Meatballs in Tomato Sauce with Pasta 	Vegetable Lasagne	Vegetable Wellington with Roast Potatoes and Gravy 	Shepherdess Pie with Gravy 	BBQ Quorn with Chips
	Vegetables	Green Beans Baked Beans	Sweetcorn Garden Peas	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
	Dessert	Pear Crumble with Custard 	Chocolate Shortbread 	Apple Flapjack  	Peach Upside Down Cake & Cream	Fresh Fruit or Yoghurt
Week Three 20.9 11.10 8.11 29.11 3.1 24.1 21.2 14.3	Option 1	Cheese and Tomato Pizza with New Potatoes 	Sausage Roll with Potato Wedges	Roast Beef with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fishfingers with Chips and Tomato Sauce
	Option 2	Tuna Pasta Bake	Vegetable Curry with Rice 	Roasted Quorn Fillet with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake With Garlic Bread  	Cheese & Tomato Wholemeal Quiche with Chips 
	Vegetables	Carrots Sweetcorn	Garden Peas Cauliflower	Mixed Vegetable Medley	Green Beans Carrots	Baked Beans Garden Peas
	Dessert	Oaty Cookie  	Chocolate Sponge with Chocolate Sauce	Ice Cream & Peaches	Rice Pudding with Mixed Berries	Fresh Fruit or Yoghurt

Available Daily:
- Freshly cooked jacket potatoes with a choice of fillings (where advertised)

- Homemade Bread

- Fresh Fruit

- Salad Selection

- Yoghurt

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.