PE Subject Overview

2021 - 22



Lesson 1	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6		
Autumn 1	Introdu	ctory Unit	t Swimming						
Autumn 2		Rea	al Gym (Social Cog)		Tag Rugby				
Spring 1	Real Dance (Cognitive Cog)				Football	Hockey			
Spring 2		Real Gym (C	reative)	Tri-golf	Netball	Basketball			
Summer	Real	Real Swimming							
1 & 2	Gym								

Lesson 2	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6		
Autumn 1	R	eal PE – Unit 1 I	Personal	Indoor Athletics (Personal Cog)					
Autumn 2	Real PE – Unit 2 Social			Real PE – Unit 2 Social					
Spring 1	Real PE – Unit 3 Cognitive			/e	Real Gym (Cognitive Cog)				
Spring 2	Real PE – Unit 4 Creative			Real Dance (Creative Cog)					
Summer 1	Real PE – Unit 5 Applying Physical			Forest Schools/Outdoor Adventure* (Applying Physical Cog)					
Summer 2	Real I	PE – Unit 6 Heal	th & Fitness	Rounders/Cricket (Health and Fitness Cog)					

\*A year group's half term unit of Forest Schools/Outdoor Adventure can be any time during the school year and therefore switch with the unit they have missed.